



AFMEE Africa, Middle East and Europe e-TRIGGER

e-TRaining In Gerontology and GERiatrics

**Call for applications to participate as Trainees in the AFMEE
(Africa – Middle East – Europe) IAGG e-TRIGGER course starting 25 May 2023**

**** Registration is Free of Charge in 2023 ! ****

*Participants who successfully pass 10 of the 12 CME quizzes will receive a diploma from the IAGG-World.
For more information on the Online training course, visit the following website: <https://afmee.iagg-fge.org/>*

M. Barbagallo -IT (Chairperson) , S. Alsuwaidi - UAE, B. Buurman – NL, D. Aslan -TR, M. Coume - SN, R. Gouiaa - TN, J. Hoffman - ZA, M. Khater - EG, S. Maggi - IT, M. Snoussi - TN, E. Stephan - LN, N. Veronese - IT, D. Zekry – CH.

Send your application to Fiona Ecartot : trigger.iagg@gmail.com

Date	Topic	Date	Topic
25 May 2023	Healthy Ageing <ul style="list-style-type: none"> An ageing world Definition of Healthy Aging Lifestyle interventions to promote healthy ageing: the WHO-ICOPE Program 	16 November 2023	Nutritional and metabolic disorders <ul style="list-style-type: none"> Screening and assessment of malnutrition Physiological hormesis and hormetins Epidemiology and Management of Diabetes
22 June 2023	Relevance and management of sarcopenia and frailty <ul style="list-style-type: none"> Sarcopenia Physical frailty as a pre-disability stage Social Frailty 	14 December 2023	Mental Health <ul style="list-style-type: none"> Impact of loneliness on mental health Depression Delirium
20 July 2023	Health care systems <ul style="list-style-type: none"> Primary health care and geriatric medicine Importance of long term care in national health systems Use of digital technology in daily clinical practice 	18 January 2024	Vitamin D, osteoporosis and falls <ul style="list-style-type: none"> Hypovitaminosis D Osteoporosis Falls
24 August 2023	Comprehensive geriatric assessment <ul style="list-style-type: none"> Definition, efficacy and safety of Comprehensive Geriatric Assessment (CGA) Interdisciplinary team work in geriatric medicine Applications of CGA in oncogeriatrics 	22 February 2024	Three special issues <ul style="list-style-type: none"> Ageism and elder abuse Oral care Palliative care and the problem of dying
28 September 2023	Chronic disease management <ul style="list-style-type: none"> Prevention of chronic diseases to control multimorbidity Polypharmacy and deprescribing Socio-economic relevance of chronic diseases 	21 March 2024	Cardiovascular disorders <ul style="list-style-type: none"> Hypertension Heart failure Obesity
19 October 2023	Cognitive Impairment and Dementia <ul style="list-style-type: none"> Early diagnosis of cognitive decline and MCI AD and other dementias: diagnosis to treatment Living with Dementia – caregivers’ roles, socio-cultural factors 	18 April 2024	Infectious diseases <ul style="list-style-type: none"> Vaccine preventable diseases Significance of vaccines Immunization, public health, economy & well-being