

March 9th, 2022



**Free Webinar
Registration**

Mikel Izquierdo, PhD
Public University of Navarra
Spain



ViviFrail: Exercise for Older Adults with Frailty

Wednesday, March 9th, 2022

12:00 – 1:00 PM Eastern Daylight Time (EDT) New York / Miami; 5:00-6:00 PM British Summer Time (BST), London

Please register in advance for any or all the eleven one-hour webinars at:

https://miami.zoom.us/webinar/register/WN_KQpahqPnQI2-pKQgEj5wvw

Seminars will be recorded and certificates of attendance will be issued to all attendees

AMA CME credits will be awarded by the Miami VAHS to eligible physicians.

12:00 – 1:00 PM Eastern Daylight Time (EDT) New York / Miami; 5:00-6:00 PM British Summer Time (BST), London.

Coming up in April



Free Webinar
Registration

Dennis Villareal, MD
Baylor College of Medicine and
Michael E. DeBakey VA Medical
Center, USA



Lifestyle, Hormonal, and Anabolic Interventions to Ameliorate Frailty

Wednesday, April 13th, 2022

12:00 – 1:00 PM Eastern Daylight Time (EDT) New York / Miami; 5:00-
6:00 PM British Summer Time (BST), London.

Frailty Seminar Series

2021-2022

Free
Registration

WHY: The purpose of these seminars is to exchange and share evidence-based practices, and research advances about all aspects of frailty.

WHEN: Wednesday 12:00 – 1:00 PM (2nd Wednesday of the month) Eastern Daylight Time (EDT) **New York / Miami**; 5:00-6:00 PM British Summer Time (BST), **London**.

HOW: Please register in advance for any or all the eleven one-hour webinars at:
https://miami.zoom.us/webinar/register/WN_KQpahqPnQI2-pKQgEj5www

WHO: The intended audience is health care professionals (geriatric medicine staff and other specialists interested in frailty), researchers, policy experts, and trainees.

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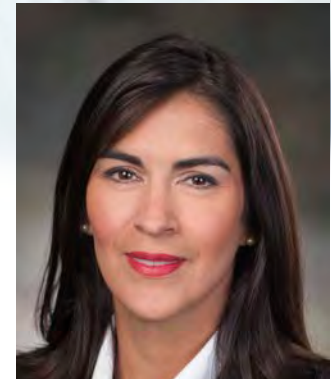
ORGANIZING COMMITTEE



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Hospitalario de Toledo, Toledo,
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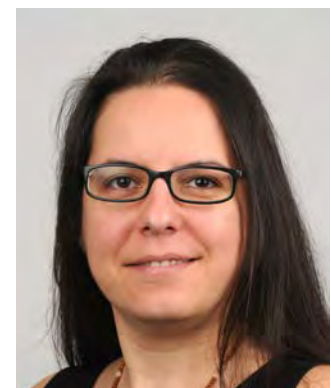
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Nova Scotia,
Canada

Frailty Seminar Series

Schedule 2021-2022

Date	Topic	Presenters
2021		
September 15	Physical Frailty: A Biological Marker of Aging?	John Morley, MD Saint Louis University, USA
October 13	PANEL: Frailty as an Outcome in Clinical trials	Matteo Cesari, MD, PhD Università di Milano, Italy Kenneth Rockwood, MD, MPA Dalhousie University, Canada Jeremy Walston, MD Johns Hopkins University, USA
November 10	Frailty & heart failure: What if all the failure is not in the heart?	Jonathan Afilalo, MD, MSc McGill University, Canada
December 8	Frailty and Vaccine Effectiveness and Response to Infections	Melissa K. Andrew, MD, PhD Dalhousie University, Canada
2022		
January 12	PANEL: Frailty Indexes based on Electronic Health Record Data	Andrew Clegg, MD University of Leeds, UK Ariela Orkaby, MD, MPH Harvard Medical School and New England GRECC, USA Nicholas M. Pajewski, PhD Wake Forest University Health Sci, USA
February 9	Progression of Physical Frailty and The Risk of All-Cause Mortality	Karen Bandeen Roche, PhD Johns Hopkins University, USA
March 9	ViviFrail: Exercise for Older Adults with Frailty	Mikel Izquierdo, PhD Public University of Navarra, Spain
April 13	Lifestyle, Hormonal, and Anabolic Interventions to Ameliorate Frailty	Dennis Villareal, MD Baylor College of Medicine and Michael E. DeBakey VA Medical Center, USA
May 11	New Insights on Frailty	Roman Romero-Ortuño, MD, PhD Trinity College Dublin, Rep of Ireland
June 8	Subclinical Cardiovascular Disease and Frailty	Cristina Alonso-Bouzón, MD, PhD Hospital Universitario de Getafe, Spain
July 13	Osteosarcopenia and Frailty	Gustavo Duque, MD, PhD Melbourne Medical School, Australia

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