

### Progression of Physical Frailty and The Risk of All-Cause Mortality

#### Wednesday, February 9th, 2022

12:00 – 1:00 PM Eastern Daylight Time (EDT) New York / Miami; 5:00-6:00 PM PM British Summer Time (BST), London

Please register in advance for any or all the eleven one-hour webinars at: <u>https://miami.zoom.us/webinar/register/WN\_KQpahqPnQl2-pKQgEj5wvw</u> Seminars will be recorded and certificates of attendance will be issued to all attendees AMA CME credits will be awarded by the Miami VAHS to eligible physicians.

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### ViviFrail: Exercise for Older Adults with Frailty

### Wednesday, March 9th, 2022

12:00 – 1:00 PM Eastern Daylight Time (EDT) New York / Miami; 5:00-6:00 PM PM British Summer Time (BST), London.



# Fraility Seminar Series 2021-2022

- WHY: The purpose of these seminars is to exchange and share evidence-based practices, and research advances about all aspects of frailty.
- WHEN: Wednesday 12:00 1:00 PM (2<sup>nd</sup> Wednesday of the month) Eastern Daylight Time (EDT) **New York / Miami;** 5:00-6:00 PM PM British Summer Time (BST), **London**.
- HOW: Please register in advance for any or all the eleven one-hour webinars at: https://miami.zoom.us/webinar/register/WN\_KQpahqPnQl2-pKQgEj5wvw

**WHO:** The intended audience is health care professionals (geriatric medicine staff and other specialists interested in frailty), researchers, policy experts, and trainees.

Seminars will be recorded and certificates of attendance will be issued to all attendees AMA CME credits will be awarded by the Miami VAHS to eligible physicians



Carmen Castillo-Gallego, MD, PhD Hospital Virgen del Valle, Complejo Hospitalario de Toledo, Toledo, Spain

#### ORGANIZING COMMITTEE



Gustavo Duque, MD, PhD Melbourne Medical School, The University of Melbourne, Australia



Sara Espinoza, MD, MSc San Antonio GRECC and UT Health Science Center, San Antonio, TX, USA



Jorge G. Ruiz, MD Miami VAHS GRECC and University of Miami Miller School of Medicine, USA



Tania Tello, MD, MSc Universidad Peruana Cayetano Heredia, Lima, Peru



Olga Theou, PhD Dalhousie University, Nova Scotia, Canada



# Fraility Seminar Series

#### Schedule 2021-2022

Date	Торіс	Presenters
Share a	2021	
September 15	Physical Frailty: A Biological Marker of Aging?	John Morley, MD Saint Louis University, USA
October 13	PANEL: Frailty as an Outcome in Clinical trials	Matteo Cesari, MD, PhD Università di Milano, Italy Kenneth Rockwood, MD, MPA Dalhousie University, Canada Jeremy Walston, MD Johns Hopkins University, USA
November 10	Frailty & heart failure: What if all the failure is not in the heart?	<b>Jo<mark>nathan Afilalo, MD, MSc</mark> McGil<mark>l University</mark>, Canada</b>
December 8	Frailty and Vaccine Effectiveness and Response to Infections	Meliss <mark>a K. Andre</mark> w, MD, PhD Dalhousie University, Canada
2022		
January 12	PANEL: Frailty Indexes based on Electronic Health Record Data	Andrew Clegg, MD University of Leeds, UK Ariela Orkaby, MD, MPH Harvard Medical School and New England GRECC, USA Nicholas M. Pajewski, PhD Wake Forest University Health Sci, USA
February 9	Progression of Physical Frailty and The Risk of All-Cause Mortality	<b>Karen Bandeen Roche, PhD</b> Johns Hopkins University, USA
March 9	ViviFrail: Exercise for Older Adults with Frailty	<b>Mikel Izquierdo, PhD</b> Public University of Navarra, Spain
April 13	Lifestyle, Hormonal, and Anabolic Interventions to Ameliorate Frailty	<b>Dennis Villareal, MD</b> Baylor College of Medicine and Michael E. DeBakey VA Medical Center, USA
May 11	New Insights on Frailty	Roman Romero-Ortuño, MD, PhD Trinity College Dublin, Rep of Ireland
June 8	Subclinical Cardiovascular Disease and Frailty	<b>Cristina Alonso-Bouzón, MD, PhD</b> Hospital Universitario de Getafe, Spain
July 13	Osteosarcopenia and Frailty	<b>Gustavo Duque, MD, PhD</b> Melbourne Medical School, Australia
WHEN: Wednesday 12:00 – 1:00 PM (2 <sup>nd</sup> Wednesday of the month) Eastern Daylight Time (EDT)		

**HEN:** Wednesday 12:00 – 1:00 PM (2<sup>10</sup> Wednesday of the month) Eastern Daylight Time (EDT New York / Miami; 5:00-6:00 PM PM British Summer Time (BST), London.

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